



## SEAFOOD

HADDOCK FILLET £13.95

FRESH LOCALLY CAUGHT HADDOCK IN BREADCRUMBS OR A CRISP BATTER. WITH CHIPS AND PEAS.

FISH SLIDERS £13.95

BATTERED AND CAJUN BREADED FILLETS OF HADDOCK IN MINI BRIOCHE BUNS\*. SERVED WITH TARTARE SAUCE, COLESLAW AND SKINNY FRIES.

SEABASS WITH COURGETTE TAGLIATELLE (GF) £17.50  
& TIGER PRAWNS

GRILLED FILLETS OF SEABASS ON A BED OF COURGETTE RIBBONS FLAVOURED WITH BASIL PESTO.  
SERVED WITH TIGER PRAWNS. VERY LOW CARB DISH.

FRITTO MISTO £16.95

SELECTION OF FRESH FISH, SEAFOOD AND VEGETABLES IN A LIGHT TEMPURA BATTER:- HADDOCK, LEMON SOLE, MUSSELS AND KING PRAWNS, COURGETTE & BELL PEPPER. WITH SKINNY FRIES, LEMON MAYO AND TARTARE SAUCE.

MUSSELS & FRITES (GF) £17.50

LARGE PORTION OF FRESH NORTH SEA MUSSELS IN A WHITE WINE GARLIC SAUCE FINISHED WITH DOUBLE CREAM.  
WITH SKINNY FRIES & CRUSTY BREAD\* AND BUTTER.

## VEGETARIAN DISHES

MACARONI CHEESE £9.50

MACARONI IN A RICH SAUCE MADE WITH MATURE CHEDDAR CHEESE AND DOUBLE CREAM AND TOPPED WITH CRISPY BREADCRUMBS. SERVED WITH CHIPS AND SALAD.

GOURMET SHIP INN VEGGIE BURGER (GF) £12.50

HOME-MADE CHICKPEA AND CORIANDER BURGER ON A BRIOCHE BUN\* WITH SKINNY FRIES. WITH SMOKED APPLEWOOD CHEESE, BEEF TOMATO, BABY GEM LETTUCE, MAYO AND SLICED RED ONION. SERVED WITH COLESLAW.

STUFFED RED PEPPER £10.95

BAKED RED PEPPER STUFFED WITH VEGETABLE COUS COUS, TOPPED WITH CRUMBLLED FETA CHEESE AND SERVED WITH SIDE SALAD AND SPICY HARISSA TOMATO SAUCE.

## CHILDREN'S MEALS

MACARONI CHEESE \* (V) £5.50

HOME-MADE 4OZ BEEFBURGER £6.00

(WITH CHEESE - 50 PENCE EXTRA)

HOME-MADE 4OZ CHICKEN BURGER £6.00

(WITH CHEESE - 50 PENCE EXTRA)

FRESH HADDOCK(BATTERED OR BREADED) £6.00

SAUSAGES £6.00

ALL SERVED WITH CHIPS AND PEAS OR BAKED BEANS.

PINGU ICE CREAM £2.95

OUR FOOD IS FRESH AND COOKED TO ORDER,  
SO PLEASE ALLOW FOR COOKING TIME.  
ITEMS MARKED WITH (GF) ARE SUITABLE FOR GLUTEN-FREE DIETS.  
IF YOU REQUIRE MORE INFORMATION ABOUT THE INGREDIENTS IN  
OUR MENU, PLEASE ASK YOUR SERVER. \*CONTAINS GLUTEN

## MEAT DISHES

HOME-MADE CHICKEN FILLETS £11.95

GENEROUS PIECES OF FRESH CHICKEN BREAST COATED IN BEER BATTER AND DEEP FRIED. SERVED WITH CHIPS, SALAD AND GARLIC MAYO.

CHICKEN CAESAR SALAD (GF) £12.95

BABY GEM LETTUCE LEAVES WITH OUR HOME-MADE CAESAR DRESSING (GARLIC, ANCHOVIES, PARMESAN) WITH CHARGRILLED CHICKEN AND CRUSTY BREAD CROUTONS\*.

MEAT SLIDERS (GF) £13.75

BEEF, PORK & BLACK PUDDING AND VENISON WITH SEA SALT & CRACKED BLACK PEPPER BURGERS IN MINI BRIOCHE BUNS\*.  
SERVED WITH SKINNY FRIES AND COLESLAW.

LAMB KEBABS WITH RICE AND SALAD (GF) £13.95

TENDER PIECES OF SCOTCH LAMB WITH ONION AND PEPPERS, IN A SPICY MARINADE, BARBECUED ON THE CHARGRILL. SERVED WITH A MINT & CUCUMBER DIP, BOILED RICE AND FRESH SALAD.

STICKY BEEF STIR-FRY £15.50

THINLY SLICED STEAK STIR-FRIED WITH TENDERSTEM BROCCOLI, SHALLOTS, RED PEPPER, MANGETOUT, GINGER, GARLIC & CHILLI.  
SERVED ON A BED OF NOODLES.

PROSCIUTTO WRAPPED VENISON (GF) £17.50

LOIN OF VENISON WRAPPED IN PARMA HAM FLAVOURED WITH THYME.  
WITH PLUM SAUCE, SAUTÉ POTATOES AND CHEF'S VEGETABLES.

## FROM THE CHAR GRILL

8OZ SIRLOIN STEAK (GF) £23.50

OUR STEAKS ARE PRIME SCOTCH BEEF AND ARE SERVED WITH MUSHROOMS, TOMATO, HOME-MADE ONION RINGS\* AND SKINNY FRIES. PEPPERCORN SAUCE - EXTRA £2.95

SURF AND TURF

FOR AN ADDITIONAL £3.95 YOU CAN HAVE YOUR STEAK WITH DELICIOUS KING PRAWNS GRILLED WITH GARLIC BUTTER.

SHIP INN MIXED GRILL (GF) £16.50

RUMP STEAK, LAMB CHOP, GAMMON STEAK, CHICKEN FILLET, SAUSAGE AND BLACK PUDDING SERVED WITH SKINNY FRIES, HOME-MADE ONION RINGS\*, MUSHROOMS, GRILLED TOMATO AND A FRIED EGG.

GOURMET SHIP INN BURGERS (GF) £13.50

PRIME SCOTCH BEEF OR WHOLE FRESH CHICKEN SUPREME ON A BRIOCHE BUN\* WITH SKINNY FRIES. WITH SMOKED APPLEWOOD CHEESE, GRILLED BACON, BEEF TOMATO, BABY GEM LETTUCE, MAYO AND A BATTERED ONION RING\*. SERVED WITH COLESLAW.

## SIDE ORDERS

(ONLY AVAILABLE WITH MAIN COURSE MEALS)

SINGLE PORTION OF CHIPS (V) £2.50

LARGE PORTION OF CHIPS (2 - 3 PERSONS) (V) £3.95

HOME-MADE ONION RINGS\* (V) £2.50

CRUSTY BREAD\* & BUTTER (V) £1.50

COLESLAW (V) £2.00